I can never understand this thing called needing Why do we always love the wrong people? I read it in the paper before I knew Coz they never gave me a name and I was sure it wasn't you I just went numb tried to hold on something When it comes down to everything we got nothing [Pre chorus] So how the hell are you supposed to feel We can't give you anything Little Taylor cried before she was born Fighting for the chance just to be someone We keep apologizing for things we should have done Seems you never know what's real until it's gone [Pre chorus] [Chorus] Get me out, get me out Get me out of this 8 day depression Feeling useless and nothings helping Get me out of this 8 day depression [Pre chorus + chorus]