I'm as scared as a child now
Just leave me on my own

When they're putting their arms around me
And they're breathing this into me
My lungs they will never be clean
I'd never breathe this into you, I'd rather bleed

I try to let it breathe
So I tear my self apart
I try to let it breathe
When my own body, it hates me

How can I grow when I'm already old?

I try to let it breathe
I tear myself apart
But everything inside is ruined
It's dead from the air I need