June 30th, 11:07 I got that call

She 8 centimeters, my lil' man about to fall

Scuffing my Air Forces, running through the hospital hall

Deja vu, like I been here before

I'm feeling reborn, like a Bed-Stuy brethren, my first born

Dre, I'm about to have a bad boy, family in the lobby

See my nigga Church, "What Up," shit I left the camcorder in the truck

Running through the maternity ward, out of breath, sweating

I swear to God every minute's starting to feel like a second

I seen Hell staring down the barrel of a Smith & Wesson

My son's ultrasound the closest I ever been to Heaven

Lord forgive me for my sins, I know it's last minute

Put the chronic in the air, a little hash in it

Spread my wings, If only I could fly

Why fight to live homie?, If we only living to die

I hope you grow up to become that everything you can be That's all I wanted for you young'n, like Father, like Son

But in the end I hope you only turn out better than me I hope you know I love you young'n, like Father, like Son

My little man, your day is coming, coming, your day is coming, I tell you And when it comes, just keep it running, running, just keep it running, I tell you

They say every time somebody die a child is born

So I thank the nigga who gave his life for the birth of my son

11:32, she screaming at the top of her lungs
I'm panicking, nurse yelling for the doctor to come

All I could remember was lamaze class, breathe baby

"One (one), two (two), three (three), four (four)," I see the head

Doc busting through the door, he between the legs

He see the head, it's my baby boy

11:46, the head out, she screaming, making crazy noise

Pain is love, my stomach folding like a La-Z-Boy

I'm feeling like Mariah Carey, all these butterfly's

Voices singing to me, sound like Teena Marie

I'm calling niggas on tour, "Jayo tell Spiz I just cut the umbilical cord"

11:57, a soldier is born, and he's flesh of my flesh, young Harlem Caron

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I wanna thank Dr. Af and Nurse Theresa, for bringing my baby boy to life You birthed a Caesar, And my baby Mama, Aliska For pushing out a 10-pound, 4-ounce Mini-Me, I still can't believe it Nose, ears, eyes, chin, just like your Daddy I die before you grow up and be just like your Daddy, or your Grandfather Call Uncle Zip, tell him I got a son and I ain't even in Harlem

I'm popping Cris with your Godfathers, Baron Davis and "D-Mack" Darius Rogers
Drop the top on the '71, with my face in the clouds, Lord spare my son And watch over Aaron Wright, T'Yan and Lil' Pun
Lowriding, banging "Ready to Die," track number 1
If I bust 5 times and they never see the sun
My life is a black hole, like the barrel of a gun, one

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