Took a walk down Paramount (I've seen better days)
Left behind a friend of mine (I've seen better days)

Passed by a statue of Saint Augustine in prayer Said for one, the only one I turned my back on her

The elevator rose to the eleventh floor (I've seen better days)
Her trench coat hangs inside her door (I've seen better days)

A leaky window welcomed rain and left me standin' here A black-haired girl who taught me truth I turned my back on her

Too late for hope but a dream remembered Lay me down, down, ooh
Too late for hope but a dream remembered Better days

Made love in the Toronto rain (I've seen better days)
From Hamilton I took the train (I've seen better days)

What you regret, you softly said are things you never do I regret, I didn't turn
And run back home to you

Too late for hope but a dream remembered Lay me down, down, ooh
Too late for hope but a dream remembered Better days, better days

Now I stand in sympathy
Not for her but for me
I could have turned, I could have stayed
But I just walked away
I could have done a lot of things
In my better days

Too late for hope but a dream remembered Lay me down, down, ooh
Too late for hope but a dream remembered Better days, better days, better days
Better days, better days