

Let It All Out

The O'Jays

Breakdown and let it all out
Breakdown and let it all out

I've held back my tears just as long as I could
But now my eyes can see it's over for you and me
Holding back ain't gonna do no good
So, I'm gonna breakdown and let it all out
Breakdown and let it all out

I've hidden my hurt too many times before
But now my aching heart knows we're apart
I can't hide it anymore
So, I'm gonna breakdown and let it all out
Breakdown and let it all out

Ain't gonna hide my tears inside
Gonna just forget my pride, and breakdown and let it all out
Ain't gonna try to hide the pain
Gonna hurt, but just the same
I'm gonna breakdown and let it all out

What good is the past? And what's the point of time?
All those old memories can set my heart at ease
So, before I lose my mind
I'm gonna breakdown and let it all out
Breakdown and let it all out

Ain't gonna hide my tears inside
Gonna just forget my pride, and breakdown and let it all out
Ain't gonna try to hide the pain
Gonna hurt but just the same
I'm gonna breakdown and let it all out

Ain't gonna take those memories
Gonna set my mind at ease
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