

Of course they're anxious to help you  
But you don't know what to say to them

Your parents come to your home  
They look for a way to save you from yourself

But they feel as distraught as you are  
You were so strong you're now so far

So far from who you were  
You're no longer the man they knew  
Something's broken inside of you

No one seems to realise  
How low you've dived  
They all think that you're still far from hitting the bottom

When they look at you they just see  
An empty shadow of the man you used to be  
And you can feel how disappointed they are  
Each one of their looks becomes a new scar

And you dive, dive into the fields  
Trying to escape from this unbearable pain  
Yes you dive; the water fills your lungs  
The mud blinds your eyes  
But here you can rest and try to forget  
All this pain that you feel  
Is so old that you think  
It's a part of you

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But they feel as distraught as you are  
You were so strong you're now so far

So deep in the flesh sleeps the pain  
So much frustration, in your brain  
Nobody seems to understand that  
Their love kills you  
Please open your mouth and spit out the truth  
Let it be