What a drag it is getting old

"Kids are different today,"

I hear ev'ry mother say

Mother needs something today to calm her down

And though she's not really ill

There's a little yellow pill

She goes running for the shelter of a mother's little helper

And it helps her on her way, gets her through her busy day

"Things are different today,"

I hear ev'ry mother say

Cooking fresh food for a husband's just a drag

So she buys an instant cake and she burns her frozen steak

And goes running for the shelter of a mother's little helper

And two help her on her way, get her through her busy day

Doctor please, some more of these Outside the door, she took four more What a drag it is getting old

"Men just aren't the same today"

I hear ev'ry mother say

They just don't appreciate that you get tired

They're so hard to satisfy, You can tranquilize your mind

So go running for the shelter of a mother's little helper

And four help you through the night, help to minimize your plig

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Doctor please, some more of these Outside the door, she took four more What a drag it is getting old

"Life's just much too hard today,"

I hear ev'ry mother say

The pusuit of happiness just seems a bore

And if you take more of those, you will get an overdose

No more running for the shelter of a mother's little helper

They just helped you on your way, through your busy dying day