So tired of comparisons
Tryna learn the lesson in
Falling every time that I do
The chemicals inside my brain
Never let me feel the pain
Pushing me to see the truth

My heart is like a hand grenade
Pull the pin and detonate
Ready, set, I'm 'bout to blow
Cause all the hate you ever spewed
Made me into something new
Sit back and enjoy the show

It isn't in my words
'Cause they come and go
But everything that hurt
Taught me how to grow
It isn't in my skin
Or these scars that show
'Cause my fight within
Comes from below

I feel it in my bones!
I feel it in my soul!
I feel it in my-

I ain't gonna break
I'ma make you wonder
Rolling in the deep
Can't steal my thunder
Ay, oh, I know
I feel it in my bones!

I won't be a grain of sand Slipping down the hour glass Watching every minute fall through I will pay the price Never satisfied I'm never gonna be refused

It isn't in my words
'Cause they come and go
But everything that hurt
Taught me how to grow
It isn't in my skin
Or these scars that show
'Cause my fight within
Comes from below

I feel it in my bones! I feel it in my soul! I feel it in my-

I ain't gonna break I'ma make you wonder Rolling in the deep Can't steal my thunder
Ay, oh, I know
I feel it in my bones!
I feel it in my bones!

I ain't gonna break
I'ma make you wonder
Rolling in the deep
Can't steal my thunder
Ay, oh, I know
I feel it in my bones!