All Gone Wrong

The Specials

So what's the point of thinking deep I bite my nails and I'm losing sleep Goes round and round and will never halt It's all gone wrong and it's all my fault I used the sugar when I needed salt Things ain't cooking for me, as you see

I need a laugh so I take a drink Ain't it strange how they start to shrink I swig a river and I cry a lake It's all gone wrong and it's my mistake I wanted tremor but I got earthquake Things ain't going my way, not today

I'm sitting on a one way train You say I'm heading for an early grave There goes anxiety my favorite station And here comes panic and palpitation

I get frustrated 'cos I need a break But when it comes along you know I'll take I've never eaten from the hand of fate It's all gone wrong but it's not too late I needed love but all I got was hate Things ain't down to a tee, believe me

I'm sitting on a one way train You say I'm heading for an early grave There goes anxiety my favorite station And here comes panic and palpitation

I saw the doctor 'cos I'm feeling stress "Hop on the couch" he said, "and get undressed" He shook his head and said "the futures bleak" It's getting worse and I ain't hit my peak I want to shout but I can't even speak Things can't get any worse, where's the hearse?