I feel the cold setting in I feel the goosebumps all over my skin I start to fear the worst, I'm feeling so alone I shouldn't feel like this in my own home Feels like my teeth are falling out From all the gibberish that's been pouring out my mouth What was I thinking? What was I doing with that milf? My chin is exhausted, man it was time for filth And it's not a good way to start the day I know it's done me no good I don't wanna face the world, though I know I should Tell myself I won't do it again, but I know I will be Lying in my bed my thoughts racing Like they always have been Like they always will be Like they always have been Like they always will be And I feel that chill back in the air Though I can't see no one, I feel their stares They've sussed me out my name, know everything I've done And this could be our secret, if they just don't tell no one And it's not a good way to start the day I know it's done me no good I don't wanna face the world, though I know I should Tell myself I won't do it again, but I know I will be Lying in my bed my thoughts racing Like they always have been Like they always will be Like they always have been Like they always will be Like they always have been And the sun's gone down and I'd love it to rise Lets me know that I've survived Every noise runs down my spine Keep the clock to check the time I need to talk, need conversation Rack my brain for explanations Need you here just holding me Shield me so they'll leave me be But that's the way I'll always be And that's the way it's always been And that's the way it'll always be It's not a good way to start the day I know it's done me no good I don't wanna face the world, though I know I should Tell myself I won't do it again, but I know I will be

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