I was outspoken
And while my mouth was open
I missed a moment
I missed a moment
And while I was raging
That you were busy failing
In the war that we were waging
And the moments we were wasting
While the chances were escaping
And I'm holding back the order to run
And the one to attack
I'm holding back

6.30 Onwards
Is what I'm trying to beat
I'm trying to keep
Until I get some sleep
6.30 Onwards
Is what I'm trying to beat
I'm digging in deep
Until I get some sleep

YEAH!

While I was sinking
And all the time I'm thinking
That I've been slowly shrinking
It's time to get back drinking
And while I was drinking
I thought of mostly one thing
It's the medicine I'm needing
It's the faith that keeps me breathing
Through another lonely evening
And a too familiar morning
And the only thing worth knowing
Is the art of keeping going

6.30 Onwards Is what I'm trying to beat I'm trying to keep Until I get some sleep 6.30 Onwards Is what I'm trying to beat I'm digging in deep Until I get some sleep 6.30 Onwards Is what I'm trying to beat I'm trying to beat I'm trying to keep Until I get some sleep

YEAH!