Now I'm not the type to worry
Especially if it's concerning my health
Oh no, I'd never worry
I'd much rather do something else
I'm changing my point of view
Ever since I caught me the sugar blues

Oh that sugar
It adds a little sweetness in your life
Oh sugar
Won't you add a little sweetness to my life
You see I'm changing my point of view
Ever since I caught me the sugar blues

See I'm changing my point of view Ever since I caught me the sugar blues Yes, I'm changing my point of view Ever since I got me the sugar blues You see I'm changing my point of view Ever since I caught me, Ever since I caught me the sugar blues Oh yes I need me a sugar beet I'm not the type that would complain Just give me sugar cane Give me Gimme Gimme Gimme Sugar