## **Raise Your Fist**

## Throwdown

broken down, grab a hold of my hand. cleanse yourself. broken. self-defeated. lost.

you've got to give yourself some discipline. fuck yeah. raise y our fist in the air.

drug free. cleanse yourself. you don't need it. despite what yo u may think. it's in

your head. it's in your fucking head. raise your fist in the air drug free. cleanse

yourself. you don't need it. despite what they may say. cleanse yourself. you don't

need it. despite what they may say. cleanse yourself. you don't
need it. despite what

you may think. now set yourself free. set yourself free.