Cut away from the shell of a life I have found myself wandering into Behind glass I was frozen like time In a memory you can't get away from

Killing time, we're all just killing time
Going out every night to feel fine
This chemical courage and positive lines
Against all of the things that we're trying to hide

I should have listened to you when you said Nothing will make this easier
I should have listened to you when you said Running won't get you away from this
It follows wherever I go
It follows wherever I go

Blurry mind like a camera lens With no clarity left for the picture

Filter out what I want to forget Wipe away all the names and the faces

I should have listened to you when you said Nothing will make this easier
I should have listened to you when you said Running won't get you away from this
It follows wherever I go
It follows wherever I go

Breathing in slow
Breathing out and letting go
Breathing in slow
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