

Put This Fire Out

Toni Childs

Used to sit and wonder what to do
And I still do when I'm feeling blue
Fearful that my struggle with life will never end
Help me, please, to stop

This fear in motion, these circles turn me
Someone help me put this fire out
Yes, they hurt me, yes, they turn me
Someone help me put this fire out

Running, I am scared, what I will see
If I look inside, deep these wounds of mine
Hurting me so long, I can't ignore them anymore
Help me, please, to find

This fear in motion, these circles turn me
Someone help me put this fire out
Yes, they hurt me, yes, they turn me
Someone help me put this fire out

Somebody help me put it out

Innocence is lost on the small
Mama said, early, early on
What was visible to me in my dreams
Is that the pain was all I could ever see

And it moves me, yes it turns me
Someone help me put this fire out
Yes it hurts me, yes it turns me
Someone help me put this fire out

Somebody help me, somebody help me
Somebody help me, somebody help me
Somebody help me, somebody help me
Somebody help me, please, somebody help me

Somebody help me to put it out