Look in the mirror and say Where am I going? And you feel you've lost everything That you've got to give. Sometimes you wanna give it up But you know that you won't Love of what you do It's calling from above sayin' Ooh, you've got that look in your eyes And ooh everything's gonna be alright Ooh, you've gotta try for higher yeah yeah Your parents think that you live ina fantasy world Wher dreams are things That never ever ever come true for you But you don't care 'cause you know that There ain't no doubt It's the risk that you're takin' The break you'll be makin' That's what you're all about

Yeah, i can feel it
And it's calling out your name
Now the time has come
For you to win the game

'Cause you've got
One dream is runnin' through your mind
And you ain't fiving up 'til you cross that line
It's now or never 'cause you're
Only young once
One dream is all that it takes
The struggles on 'til you get your break
It's now and never 'cause you're
Only young once
In your life in you life
Well it's your one shot baby
You're only young once
Only young once yeah yeah yeah

Yeah i can feel it
And it's calling out your name
Now the time has come
For you to win the game

'Cause you've got
One dream is runnin' through your mind
And you ain't giving up 'til you cross that line
It's now or never 'cause you're
Only young once
One dream is all that it takes
The struggles on 'til you get your break
It's now and never 'cause you're
Only young once
'Cause you're
Only young once

You hear it all around you

Everywhere you go Say boy you better keep in step Play by the rules.

I can be anything
There ain't nothin' I can't do
Well it's just me, my life and the truth
And I don't care what they say

Only young once Only young once Only young once Only young once