If you feel like dancing
In the middle of the street
Breaking in to song
Or singing out of key
And if you fall in love
Go on and kiss that girl or boy
And if you like your music loud
Make a little noise

When you let it go
What they say is true
When you let it go
It'll come right back to you
When you let it go
There is freedom when you do
When you let it go
It'll come right back to you
(Every time now)
La La La La La
(Everybody sing)
La La La La La

If something's on your mind
Say what you need to say
And if you need to make a change
Go on and walk away
If something's in your heart
You gotta let it out
Go on and show the whole wide world
What you are all about

Life is very short
We're here and then we're gone
So open up your hands
No more holding on