Lightning oh lightning
Deep inside my heart, it breaks
I've been living
With far to many thoughts to contain

You slow me down
You slow me down
You take my hand and help me see that there's to worry
You slow me down

I wake up then lay down
I'm dreaming at the speed of light
I hear you say
Just be here now with me tonight
And we can let the world take flight

You slow me down
You slow me down
I can be a scared man running
Yeah I can be an avalanche
Well, I can be a bullet coming
But, I can't do what you can

When you slow me down (You slow me down, you slow me down)

I always tend to run away
But in the most amazing way

You slow me down
You slow me down
You take my hand and help me see that there's to worry
But, you slow, you slow you slow
You slow me down