

# Falling Again

## Ugly Duckling

I can't help falling again here I go, and I know  
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I said I wasn't gonna do it and then  
I went right out and did it, lookin stupid again  
And it's no surprise, I've failed before  
Just another encore on my way to the floor  
Don't ask me why, I can't explain  
How I keep spiraling down the drain  
I guess it's the way I tend to cope with the pain  
To stay oblivious while I soak in the rain  
And man, I thought I had it all under control  
That no one could know  
That I had ever sunken so low  
But then I saw a look get locked in your eye  
And I knew I was hooked and caught in my lie  
So if I have to I'll cry some tears  
And tell everybody what they'd like to hear  
But my whole world's caving in on me  
Trapped and I can barely breathe

As I lay awake at night and watch  
The clock and shake and fight the pain  
And try in vain to stop when I know

I can't help falling again, there I go  
Saying it's the last time when I know  
I'll just keep falling again, no control  
So I'm reaching up to you cause I know  
I know, I know, I know, I know  
I know, I know, I know, I know

It's another case of deja vu  
While you wait around hoping my mistakes are through  
I just tell myself that it's no big deal  
And never stop to think how it makes you feel  
As I'm lookin for a quick fix to restore my fitness  
I'm listless and can't make any commitments  
No ability to stayed relaxed  
I spent fast, now I'm paying the tax  
Plus I've got an itch that I just can't scratch  
When you slip through the cracks it's hard to come back  
But still I keep trying to get on my feet  
Everybody's sure that I'm in too deep  
And please, I really wish the rumors would stop  
The things people tend to say and do when they talk  
So loose and free and accusingly  
I think of how it used to be

As I lay awake at night and watch  
The clock and shake and fight the pain  
And try in vain to stop when I know

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