

## In Motion

## Underoath

Should have died about a thousand times or maybe more  
Don't remember any lives that ever came before  
In my head I'm more dead than alive  
It's a shame you won't understand

Gonna let the rain come down on me and wash away  
Gonna give away my innocence, my sympathy  
In this moment I'm lost and I did it myself  
There's no one to blame

You can't save my life  
These events are already in motion  
So don't waste my time  
You keep talking me back off the ledge  
Your words unheard  
Dragging me down once again  
When I'm living a lie  
When I'm shut down inside  
When I'm chasing a high  
When I'm chasing a high

I am still alive but I am just an empty shell  
I give myself away to this lonely hollow hell  
In my head I'm afraid that I can't trust myself  
You won't understand

You can't save my life  
These events are already in motion  
So don't waste my time  
You keep talking me back off the ledge  
Your words unheard  
Dragging me down once again  
When I'm living a lie  
When I'm shut down inside  
When I'm chasing a high

All hope is lost  
All hope is lost  
All hope is lost

You can't save my life  
These events are already in motion  
So don't waste my time (don't waste my time)  
You keep talking me back off the ledge  
Your words unheard  
Dragging me down once again  
When I'm living a lie  
When I'm shut down inside  
When I'm chasing a high  
When I'm chasing a high  
When I'm chasing a high

There is no fix  
There is no fix  
There is no fix