Now and then I feel as though I wanna escape the real And take a trip to the heavens to a world surreal But I don't do drugs so the yea is out Instead I use my mind power to move my spirits about I might write my girl a poem showin' her how I love thee

Or just write myself a rhyme about why I'm so funky This is how I escape the ignorance and hate being cooked up in this planet

About to disintegrate (chorus)

I'm cruisin', cruisin' in the beat y'all I cover my head as the media shower, I glance at my watch to check the hour

And it's half past a moonbeam, gleamin' as I daydream I'm feelin' for the beat to make my mood complete And when I got it I'm gone, gone in the rhythm Kickin' the slang with the knowledge and wisdom I may speak a scribbly doodle but I keep on track 'Cos if I didn't yo you wouldn't be sweatin' it (chorus)

One to the two to the three to the four to the five It's rardy-ardy-ar and I'm kickin' it live
On an ever present journey through the depths of time I skip from beat to beat in the form of a rhyme
My vocal techniques are unique to my band
I'm a butterfly MC, smooth with much style G
My tongue-like quivers when I deliver the funk flow
The verbs expand with a ghettolistic glow
It's like that y'all