Well I've decided no one's knowing
Anything 'bout where I'm going
I can't even talk to my friends anymore
I'm not blaming anyone
For the mess I've gotten in
I'm only frightened
By the things that I've done

Keep me safe from myself
I can't do it without your help
Your love's the finest thing
That I've ever known
I want to come home

Thinking back when I was young
You kept me safe from everything
Set me straight when I went wrong
Raised me to respect myself
I can offer no excuse
For this senseless self abuse
All the pain that I've caused you to feel
When I hurt myself, it hurts you more
And that's what hurts me most of all
I shouldn't go on hurting any more

Keep me safe from myself
I can't do it without your help
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That I've ever known
I want to come home

Keep me safe from myself
I can't do it without your help
Your love's the finest thing
That I've ever known

Take me now, a shelter be Before there's nothing left of me