One day you opened up your eyes inside of you
Inside a world inside a universe you didn't get to choose
You didn't get to pick the rules or pick the past or set the pace
Or cast the cast and crew you didn't get to pick your starting place
And though it was a race you didn't understand
You simply lined up on the blocks and when the pistol popped you ran
And when you tripped and dropped you picked yourself up off the ground
And picked your scabs you knew you had to pick a plan to end what you began
As you got older there were days of cold surrender
Days of shrugged whatever's folded in with days of shocking splendor
But as time advanced the lovely days were covered up from view
By an advancing melancholy haze that hovered near the dew
Yet there were moments

There were these pure arresting moments when you stepped outside your head Outside your pain outside control, outside the bullshit, out of body, out of rage

Outside the need to get it, get it, you will never get it, that's okay

Have you felt a little off today
Had a lot to say
But wound up talking to yourself?
I've been huntin' for a kindly ear
But couldn't find one near
And wound up talking to myself

Had a little spot where you been going through a lot
Wanna shove it to the bottom, but a trouble gonna bubble to the top
Then the bubble gonna pop and the hustle never ever gonna stop
Cause you get up in the morning get ahead then get to bed and then you do it
all again until the moment that you drop
You need a plot

What you wanna witness with this life you got

You kicked and fought tryna get up in your skin and pick this lock That ticking clock lets you know that bitch you got these situations with yo  $\ensuremath{\mathbf{u}}$ 

Issues someone fit to quick should sit you should down to talk Ever wonder who's the crazy one, people walking to work as if nothing is off But if a person really got it they would be cracking a bottle on somebody's head and looting from shops

Are there times you're alone now when nobody's home but you walk around mutt ering under your breath

Second guess shit saying goddammit goddammit goddammit just whispering soft Do you ever get lost, deep in your thoughts, tripping when you think about the cost of seeing this through

When you tie your stomach into knots that you don't know how to undo But do you ever have another moment after that, when you can see There's no one way this has to be?

Or maybe that's just me

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