```
I can stop lying
I can stop punching my own face
I can stop stealing money
I can stop hating my own heart
I can do it
Because of you
I can stop scratching up my cheeks
I can stop drinking so much
I can stop wanting to kill myself
I can stop wanting your perfect heart
I can do it
Because of you
I can start listening
I can say Hi
I can feel something good
Little panda McElroy
```