Listen you fuckers, you screwheads
Here's a man who won't take it anymore
A man who stood up against
The skunk, the kunts, the dogs, the fill, the shit
Here is some one who stood up
Here is...

Yeah! this is it for anybody usin bodies presents, Xzibit movin at the speed of life Yeah! check it

It took a long time comin but we waited Xzibit went from underated To now most antcipaded never would of thought that I would rock your set And get love and respect without no special effects Only the rugged ruff shit that the hard rock need Lyrics must contain more then just clothes bitches and weed thinkin' how you like to see the next man bleed Tryin to glority greed Livin life at ridiculuos speed-indeed! The main goal to achieve, is to succeed Have it laid out for your seed But the world gets colder every day by day Physically, mentally gettin drained by L.A. Trying to find piece of mind is like trying to find a gold mine it just wont happen no time for relaxin Real soldiers of fortune the front line of the action So never show a nigga what you packin' "You know what i'm sayin'?" It's too much weight to be juggling who do you picture when you think about struggling Kids in the bed, no food stomach bubbilin Niggas in the E-class heavy drug smugglin

Movin...yeah!
yes movin...
At the speed of life

And plus I feel that no style is darker than mine
There was a time it was all about beats and rhymes
But nowadays the blind just follow the blind
and when I die!
Niggas still recite these lines
to rock the heads, waterbeds citys and towns
Bringin strength to the masses that be holdin it down
the underground! to upper echelon and beyond
Xzibit rock and roll the streets like a vagabond
Nigga wanna trip you gettin dissed like a blond bitch
mackin to Farrakhan, I run game like a marathon
It's here today then tomorrow it's gone
It's the law of the land
a straight modern day babylon!

Movin...yeah! yeah! like this Like this...at the speed of life Ah! Bring it live, yeah!

Xzibit lookin at the earth thru wide angles I found a stairway to heaven in a city of lost angels Where small situations turn to altercation with a heavy ass price 'cause niggas don't fight no more! before hip hop was all about drama anything for a dollar before Kane fucked Madona Xzibit maintain and stayed bent like a comma Just me and my bottle we shall lead not follow Emcees be full of shit but they style be hollow it seems you've bitin off more than you can possibly swallow just a day in the life of a man named X only blunt and latex for the oppisite sex you see niggas comin thru to smoke and pay respect ever since fifteen, I been ready for anything whatever they bring in any shape, form or fashion I live to the fullest and rip rhyme with a passion but in the mean while if worse comes to worst bust a round or bust a verse whatever comes first Yeah! we got it locked down tight Xzibit bring truth to the light shit is movin at the speed of life

Movin...yeah!
yes movin...
At the speed of life

Movin...
At the speed of life